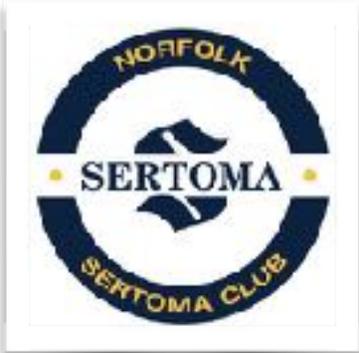


FEBRUARY 1, 2017



OUR PURPOSE:

To meet the needs of communities through volunteer service.

OUR VISION:

To create communities of change under common leadership and with a common voice that will serve the many in need.

OUR MISSION:

To improve the quality of life today for those at risk or impacted by hearing loss through education and support.

The guest speaker last week was Julie Clark of Tidewater Arts Outreach. Julie is a singer - songwriter. TAO's Creative Services Director contacts artists and facilities to assess artist availability and schedule the best possible programs. They schedule approximately two dozen programs and workshop each month, rotating among the dozens of locations currently served by TAO. Confirmation letters are sent to both parties; program fliers are created to acknowledge funders and promote the artists. Surveys are sent to facilities for feedback.

The arts cultivate a 'healing environment,' helping patients address the mental and emotional aspects of recovery.

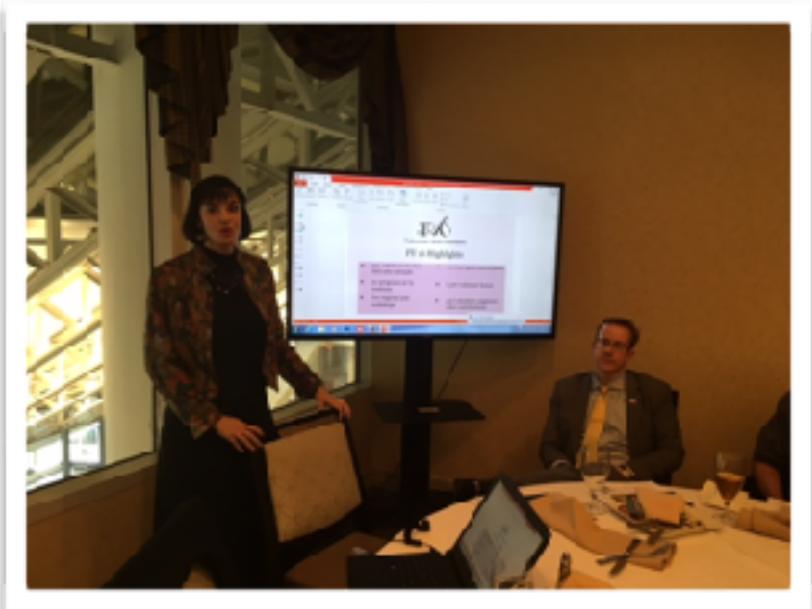
Here are just some of the outcomes of the power of music and the arts in healthcare and congregate care settings:

- Enriches the soul, stimulates the mind and promotes wellness; Reduces anxiety and consciousness of pain
- Creates 'community,' helping people feel connected, heard and appreciated
- Helps people to be seen as individuals, not as patients, numbers, job descriptions or diseases
- Has the potential to reduce staff turn-over & attract quality staff
- Helps staff connect culturally with patients, families and other staff members from diverse backgrounds
- Helps people leave an artistic legacy and create a lasting expression.

The need for arts in long-term care is great.

SPRING FEVER is coming!! So are the tickets! Online sales has been brisk.

Miscellaneous Notes
Chrysler Museum is slated for March 29.
Save the date!



Meeting Dates and speakers

2/1/17 - Jeff Pottinger - The Honor Foundation
2/8/17 - Working Lunch re: Website and House Business
2/15/17 - Christine Warfel - Alzheimer's Assoc
2/22/17 - No meeting - Washington's birthday
3/1/17 - Skip Stiles - Wetlands Watch

Super Pot

\$1 - our guest speaker
\$5 - our guest speaker
\$25 - Tyler Thomson
(Bobby really mixed it up this time)

Geriatrics Pot

Me!

GUESTS

0

Shame, Shame!

DUES INCREASE

The Board of Directors voted for a dues increase of \$9 per quarter, starting July 1. Dues are for operational expenses, and our meal cost is going up. We are also looking at other opportunities for reducing those expenses.

Puzzler

I need to measure six ounces of water.
I have a four-ounce glass and a nine-ounce glass. I have an endless supply of water and can fill or dump either glass.

It turns out, I can measure six ounces of water using these two glasses. The question is:

1. How many steps are involved; and
- B. What's the smallest number of steps in which you can measure six ounces?